

NORTH RIDGEVILLE

THE COMMUNITY THAT CARES...

Review

JANUARY, 2024
VOLUME 5 ISSUE 4

Record Year for NR Emergency Runs

It was a very busy year for the North Ridgeville Fire Department with an 80% increase in calls over the past 10 years. This year along the department experienced a 4.7% increase in call volume. Here is the final breakdown for their 2023 call volume.

"In 2022 we responded to 5026 calls for service and this year we experienced a

4.7% increase in call volume, ending the year with 5260 emergency calls for service. It should be noted that we do not include "public service" calls as emergency runs. These types of calls consist of smoke detector issues and Residential Knox Box installs to name just a couple.

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2023 RUN TOTALS			
			
<u>2023</u>			
<u>FIRE</u>	741		
<u>EMS, INCLUDING MVAs</u>	4519		
<u>TOTAL</u>	5260		
<u>TOTAL APPARATUS RESPONSES</u>	5552		
<u>YEAR END CALL TOTALS</u>			
<u>2023 YTD</u>	5260	5%	
<u>2022 YTD</u>	5026	INCREASE	
<u>MUTUAL AID YTD</u>			
<u>RECEIVED</u>	77	<u>GIVEN</u>	80
<u># OF OVERLAPPING CALLS</u>			
		2934	
<u>% OF OVERLAPPING CALLS</u>			
		55.8%	
<u>2023 AVERAGE # CALLS PER DAY</u>			
		14.4	

The Real 007 Celebrates a Lifetime of 'Continuing Education' through LCCC

Still proud of her antiquated student number "00007," Georgeane Sue Jeager Poplar remembers the excitement of attending her first class at Lorain County Community College. It was 1964, before the college had its permanent campus on Abbe Road, and courses were held at Garford Elementary School in Elyria. Poplar's family couldn't afford to send her away to college, so she was grateful for the opportunity to earn an associate degree locally.

"It was a brick elementary building and it had three floors," Poplar recalls. "And I remember sitting in those classes and just being really excited that I was in college, learning and meeting lots of people."

Poplar's enthusiasm for learning didn't come without worry though. And it took some supportive professors to instill confidence in the young Poplar. Professors she remembers to this day.

"Mr. Gallagher was my American history teacher, and he did a wonderful job," she says. "He told us he was going to teach his class like he would at one of those state universities. And he did."

After graduating, there was a teacher shortage in Lorain County, so Poplar began teaching fifth grade in Amherst. At the age of 19, she was less than a decade older than her students.

"The first year of teaching is always very challenging, but I loved it," she says.

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You've heard of 007? Georgeane Sue is student 00007 at LCCC. Today, at 76, she is still working in education.

Wishing a Happy New Year to All and Recognizing Lorain County 4-H Volunteers

By Lorain County Commissioner, Michelle Hung

Ring in the New Year brings your chance for new adventures with the OSU Extension, Lorain County 4-H program. The Lorain County Board of Commissioners is proud to sponsor the Lorain County 4-H program.

The purpose of 4-H is to foster skill development in young people. Individuality is valued and each person is encouraged to discover his or her own skills, talents, and interests. 4-H helps young people learn to make decisions, think critically, build relationships, practice leadership, and develop a concern for their community and their world.

I had the opportunity to speak at the 4-H Volunteer Recognition Dinner. Because of the time and hard work the volunteers give to Lorain County 4-H, a total of 1,102 youth participated in 52 4-H clubs engaged in leadership and service projects in Lorain County. 8,145 youth participated in over 300 4-H STEM educational opportunities. The 4-H programming saw an 11% increase of youth engagement over last year.

The purpose of recognition in 4-H is to encourage and support the efforts of the members in learning to improve their knowledge and develop life skills. Recognition for both youth and volunteer members fall into five areas: participation in educational experiences, progress towards personal goals, recognized standards of excellence, peer competition, and cooperation.

Congratulations to all the winners at the Annual Recognition Banquet. Meritorious Award Winner, Laura Smirz. 4-H Alumni Winner, Becky McDonnell and Youth Leadership Award Winners, Amy Gerber, Holden Harker, Emma Lewis.

For more information about volunteering in 2024 visit <https://lorain.osu.edu/> or call (440) 326-5851



Meritorious Award Winner, Laura Smirz (right) pictured with Michelle Hines (left)



Alumni Award Winner Becky McDonnell (left) pictured with daughter, Morgan Goss (right)



4-H Volunteers recognized for 26 years or more.

Georgia, On My Mind

Monthly thoughts from Councilwoman
at Large Georgia Awig

Since we just started a new year, I have been thinking about New Year's Resolutions. I say, why wait until the new year to change things within your life. If you can make your life better today or tomorrow, why not start now.

It all starts with a decision. I feel there are few things that one cannot change in today's world. Even though you can change almost anything, there probably are things you should not change. Why not make it a habit to be happy with what you have and be thankful for your many blessings. The best resolution to have every day is to be happy and that is entirely within one's control. When you are happy, you are capable of making others happy. Would you rather be around a happy person or someone who is unhappy all the time?

Why not be a "change agent" and why not start with yourself? If I become unhappy with a situation, I try to think of ways that are within my power to change the situation. Some times all I need to do is change my attitude. Sometimes I may need to think different thoughts and I may need someone to help me with that. I really try not to put off until tomorrow, things which I can do today. Just remember any change can start with just one step.

What can you do today to change your life tomorrow? In other words, since we have already started the new year, it is never too late to make a resolution which is a firm decision to do or not to do something. Since we all can be forgetful from time to time, it might be helpful to write down your resolutions and look at them daily as a reminder. Everyone makes promises to others, why not make a promise to yourself and hold yourself accountable.

I know it can be challenging, but if anyone can do it, you can! Just believe in yourself!



You'll Thank You for Quitting Tobacco in the New Year

As people around the world make resolutions for 2024, Lorain County Public Health (LCPH) enthusiastically supports people in Lorain County resolving to quit tobacco and all other types of nicotine.

Quitting nicotine is worth it in every way -- ways that you'll notice and appreciate almost immediately and far into the future. The benefits to quitting smoking or vaping are life changing:

- Instantly lower your risk of heart attack
- Save money and time
- Be able to breathe better
- Live a longer fuller life
- Lower your stress and anxiety
- Improve your mood
- Enjoy more quality time with friends and family

Quitting smoking or vaping helps you take back control of your life, and it's okay if it takes a few tries. LCPH encourages adults trying to quit nicotine to call the Ohio Tobacco Quit Line at 1-800-QUIT NOW. The Quit Line's caring coaches understand where you are and can help you



Lorain County
Public Health

For the Health of Us All

make a plan to finally quit smoking or vaping that works for you and your goals. The Quit Line provides free online, text and phone support, and even up to six weeks of free nicotine replacement therapy for Ohioans.

To get in person help to quit nicotine, visit LorainCountyHealth.com/QuitNow. The website includes a list of Lorain County Certified Tobacco Cessation Specialists, as well as more information on the Quit Line and quit support for teens who vape.

For more information on how LCPH serves and supports a healthy community, contact them at 440-322-6367 or visit LorainCountyHealth.com. Get local health updates on Twitter, Instagram, Facebook, or YouTube.

NRFD vs NRPD's 1st Annual Holiday Charity Basketball Game

It was a GREAT 1st annual Holiday Basketball Game with North Ridgeville Fire Department & North Ridgeville Police Department! The stands and court were packed, lots of laughs and smiles and all for a good cause. We're already looking forward to next year! Photo credit Hoop-tech, www.facebook.com/hooptechcle



Record Year for NR Emergency Runs

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"We also provide many extra services to residents to include, but not limited to, CPR classes (both certified and non-certified), Car Seat Checks, public and school education, station tours, smoke detector change outs for senior citizens and the physically disabled. Our Union also sponsors youth sports teams, stocks and co-sponsors the annual May fishing derby and is a collection point for Aluminum Cans for Burned Children.

"We look forward to a great 2024 and as always, should you need us, we'll be here."

Thank you North Ridgeville Fire Department

The North Ridgeville Review welcomes letters to the Editor as well as news items. Please send all information by e-mail or typed. You must include your name, address, phone number and signature for verification. All items should be sent to:
North Ridgeville Review c/o The Villager Newspaper
27016 Knickerbocker Rd., Suite #1, Bay Village, OH 44140

The Publisher is privileged to revise or reject any advertisement which is deemed objectionable, either in subject matter or phraseology, or opposed to public policy or the policy of the paper. The Publisher shall not be held responsible for typographical errors except to adjust the charge for the first insertion only, by a space credit (in excess of contract) to be used the following issue. Errors must be reported immediately and space credit will be limited to such portion of advertisement as may have been rendered valueless by the error. Please check your advertisement and in the event of error notify the paper. The Publisher will, upon request, furnish Advertiser with a letter so worded as to relieve the Advertiser from responsibility for the error. The Publisher does not assume responsibility for an error in an advertisement other than the above stated.

NORTH
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THE COMMUNITY THAT CARES...

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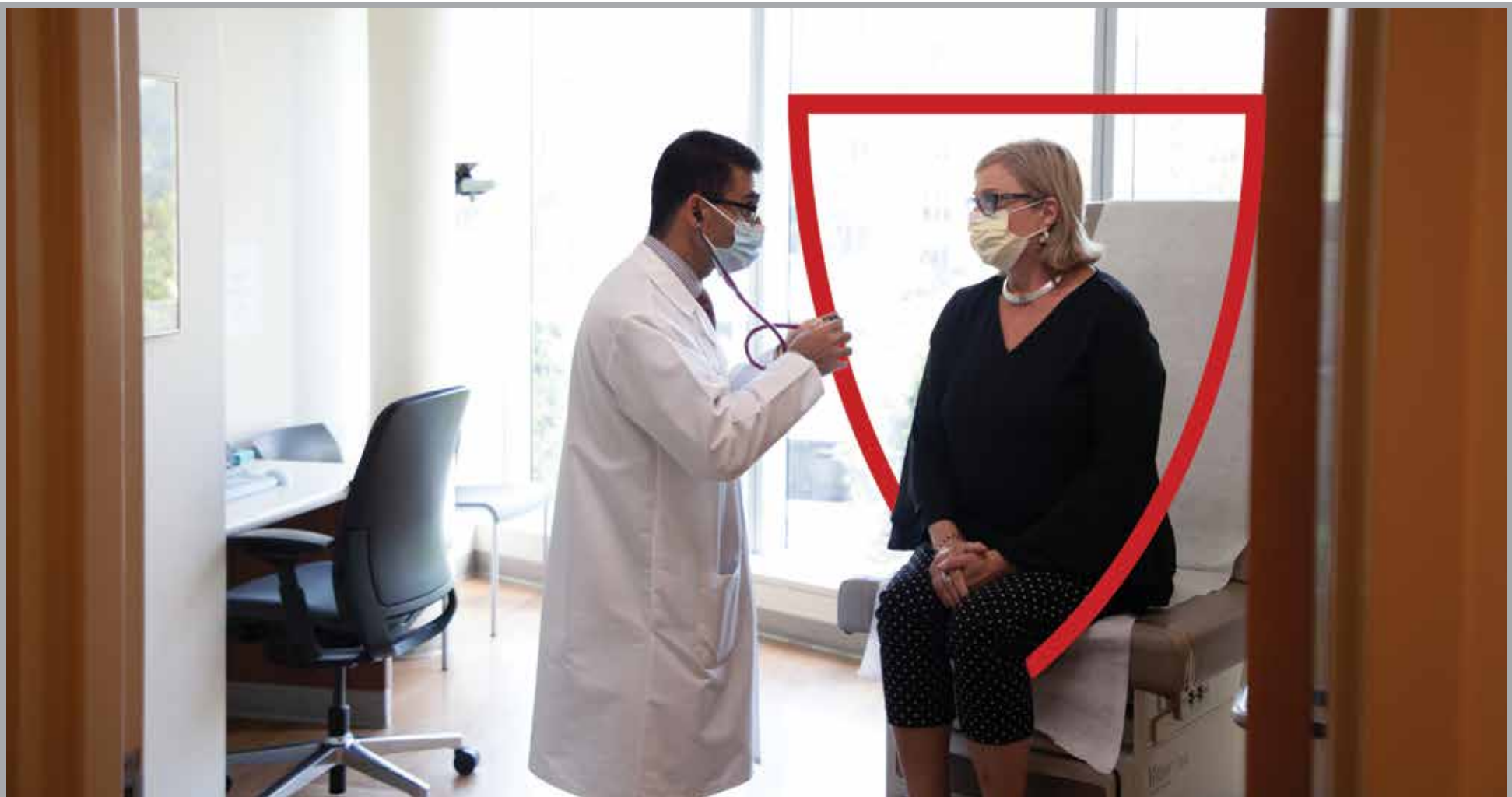
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- Plastic Surgery
- Podiatry
- Pulmonology
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To schedule an appointment scan the QR code,
visit UHhospitals.org/StJohn or call **440-641-0846**.

¹ Accredited Chest Pain Center, Platinum Performance Achievement Award 2020
² Primary Stroke Center. Get With The Guidelines® – Stroke GOLD PLUS with Honor Roll Elite and Target: Type 2 Diabetes Honor Roll

O'Neill North Ridgeville Celebrates the Holidays

Happy New Year from all of us to you! DJ Jeremy played some hits at our Rockin into 2024 party, jokes were told by Ralph and we enjoyed snacks and sparkling juice. We made some wonderful memories in our amazing community in 2023 and can't wait to top it in 2024!



We loved getting dolled up for a Winter photo shoot!

Mayor Corcoran Hosts Monthly Coffee & Conversation

The City of North Ridgeville is pleased to announce monthly Coffee & Conversation with Mayor Kevin Corcoran. Stop in to enjoy a cup of coffee and casual conversation in Council Chambers at City Hall. What a great way to get your questions answered or to learn more about current and upcoming projects. Below is the schedule for 2024.

Tuesday, January 16, 8:30-9:30 AM • Monday, February 12, 8:30-9:30 AM • Thursday, March 7, 6:00-7:00 PM • Wednesday, April 10, 8:30-9:30 AM • Tuesday, May 7, 8:30-9:30 AM • Friday, June 14, 8:30-9:30 AM • Tuesday, July 16, 6:00-7:00 PM • Wednesday, August 14, 8:30-9:30 AM • Thursday, September 12, 8:30-9:30 AM • Friday, October 11, 8:30-9:30 AM • Monday, November 18, 8:30-9:30 AM • Wednesday, December 11, 8:30-9:30 AM

TC Energy and Columbia Gas Pipeline Project

Ohio Valley and Mesa Services are working on a TC Energy and Columbia Gas pipeline project. The project involves the installation of approximately 12,500 feet of copper wire electrodes, 15 shield electrodes, and 30 decouplers to facilitate cathodic protection of existing Columbia Gas transmission pipeline in Cuyahoga and Lorain counties. Cathodic protection is necessary to maintain the safety and integrity of the existing pipeline. Workspace for the project will include existing pipeline right of way and temporary workspace adjacent to the existing right of way. Access will be through existing access roads public and private roads, and Columbia Gas right of way. Construction zones are marked in red on the map below. The project is anticipated to be completed by the end of January 2024.

If there are any questions, please contact Brock Vanhorn at brockvanhorn@ohiovalleyacquisition.com or Jason Balis at (304) 532-9370.

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The Real 007 Celebrates a Lifetime of ‘Continuing Education’ Through LCCC

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“Those students liked me a lot because I was young, and I had lots of energy. They had a lot of fun in my class. Way too much fun, probably.”

That first, memorable academic year began a lifelong career in education. Poplar spent many of her teaching years in Amherst, where she grew up. There she taught kindergarten, third, fourth and fifth grades. She also spent time as a guidance counselor and intervention specialist.

Throughout the decades, Poplar has often been a student herself. She earned her bachelor’s degree from Kent State University and her master’s degree from The Ohio State University. Eventually, Poplar found her way back to LCCC, and her old “00007” student number, when she decided to earn a special education certificate through LCCC’s University Partnership with Ashland University. Poplar was thrilled to have bragging rights with the younger students and yet another avenue to boost an already successful and rewarding career.

Today, at 76, Poplar is still working in education. She’s an intervention specialist at Pathways to Success in Oberlin. She knows she’ll retire one day. But for now, she simply “can’t seem to let it go.” And she cherishes the place it all began.

“LCCC gave me the opportunity of a lifetime to get into education,” she says. “I am absolutely sure of that.” LCCC classes begin January 16. Register and more at www.lorainccc.edu/enroll.



Georgeane’s graduation day photo, 1966.

LCCC Commodore Hall of Fame Nominations

Help us honor the amazing alumni of Lorain County Community College with the inaugural LCCC Hall of Fame.

The new LCCC Hall of Fame recognizes and celebrates individuals who attended LCCC and made significant contributions in their community through their professional lives or dedication to service – fulfilling LCCC’s vision to create a more vibrant community for all.

Over the past 60 years, LCCC has been a springboard for many who have soared to new heights and positively impacted their communities. Help us honor them with the inaugural LCCC Hall of Fame.

Nominations are due February 28.

Learn more and submit a nomination at www.lorainccc.edu/HallOfFame.

We are Ready to Reveal!

The Ridgeville Ready Steering Committee has met over the last several months to review and refine recommendations to be included in the City Master Plan. These recommendations have been categorized by topic: land use, housing, mobility and infrastructure, economy, amenities and leadership. The Committee has also considered action items in support of creating a future Town Center.

The planning team has reviewed the Committee’s comments, made revisions and is now ready to present the Master Plan’s recommendations to the public. We want to hear from you! From now through January 15, 2024, visit www.RidgevilleReady.com to participate in the Ready to Reveal online public engagement opportunity. This is your chance to view the content and submit your feedback.

This is a special moment. As the last round of engagement for the Ridgeville Ready master planning process, your voice and opinions matter to ensure the final plan is reflective of the community’s vision and aspirations.

North Ridgeville Heart & Sole Indoor Walking

North Ridgeville Heart & Sole collaborative is expanding the indoor walking program to four days a week this fall and winter. Residents are invited to keep active and walk indoors at the LCCC University Partnership Ridge Campus (UPRC) and at Liberty Elementary School. Enter the building’s main doors and sign in at the indoor walking table.

LCCC University Partnership Ridge Campus, 32121 Lorain Road - Mondays and Wednesdays, 5-7 p.m. (October 2 through March 27)

Liberty Elementary School, 5700 Jaycox Road - Tuesdays and Thursdays, 6-8 p.m. (Oct. 3 through May 23) No walking Oct. 26 or Nov. 2

No cost to participate. All ages and abilities are welcome to attend. If the school or building is closed due to holiday closure or weather, indoor walking is cancelled. For more information, visit nrheartandsole.com.

Lions Club Annual Night at the Races

The North Ridgeville Lions Club annual Night at the Races event is coming up! Saturday, January 27 at the St. Clarence Pavilion! Virtual horse racing, buffet dinner, beer, wine, and soda for a ticket donation of \$35pp. Hurry! The cutoff for ticket sales is next week! Order yours now! Contact a Lion or go to <https://lionsclubofnr.square.site/> to order your tickets! If you’d like to purchase horses or place an advertisement, please email lionsclubofnr@gmail.com

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Matthew Spears Announces Candidacy for Lorain County Commissioner

Matthew P. Spears (38) of Avon Lake has announced his candidacy for Lorain County Commissioner. His petition filed on December 19th with the Lorain County Board of Elections is for the full term seat commencing January 3, 2025 that is currently held by Lorain County Commissioner David J. Moore.

Mr. Spears is running as a Republican and currently is the Administrative Assistant to Lorain County Commissioner Michelle Hung. He has been serving the residents of Lorain County in his current position and wishes to serve the residents in a larger capacity as a County Commissioner. Matthew is a strong supporter of the rights of organized labor.

Matthew has a Master of Science in Criminal Justice Administration, Safety, and Security, and a Bachelor of Arts in Public Safety Management with an emphasis in Homeland Security. He also has two (2) Professional Development Certificates from Lorain County Community College in Public Administration and in Police Science.

Mr. Spears' experience includes thirteen (13) years in auxiliary law enforcement with an additional two (2) years in federal service. He is a member of F.O.P.A Lodge #46, Sons of the American Legion Post #211, the Tau Kappa Epsilon Fraternity, and Black River Lodge #786 Free and Accepted Masons of Ohio. Mr. Spears is continuing his support of public service by attending the EHOVE Career Center Volunteer Fire Academy in January 2024.

His platform is based on reestablishing a positive relationship between the residents of Lorain County and county government, including the first responder community. Matthew understands that ensuring the safety, security and welfare of the residents of Lorain County is one of the primary responsibilities of county government, and decisions made by county officials should be based on the input and best interest of the residents they represent.

Mr. Spears strongly believes there is no room for personal agendas in government, and it should operate on the concepts of "government of the people, by the people, and for the people" – President Abraham Lincoln.

Mr. Spears' experience, professionalism, and character will return the county resident's trust in the Office of County Commissioner, as well as the Republican Party.

His campaign, "Spears4Commissioner" can currently be reached at spears4commissioner@gmail.com or by telephone at (440)-752-7794. Pending final publishing, the campaign may also be reached at the following: www.spears4commissioner.com and www.facebook.com/spears4commissioner.

Sincerely,
The Committee Members of
Spears4Commissioner

Winter Fire Safety Tips

Heating, holiday decorations, winter storms and candles all contribute to an increased risk of fire during the winter months. The North Ridgeville Fire Department would like to pass along to you some winter fire prevention tips from the National Fire Protection Agency and the U.S. Fire Administration.

- Half of all home heating fires occur in December, January and February.
- 1 in every 7 home fires and 1 in every 5 home fire deaths involves heating equipment.
- Keep anything that can burn at least 3 feet from heat sources like fireplaces, wood stoves, radiators or space heaters, and candles.
- Keep portable generators outside,

away from windows, and as far away from your home as possible.

- Install and test carbon monoxide alarms at least once a month.
- Plug only 1 heat-producing appliance (like a space heater) into an electrical outlet at a time.
- Have a qualified professional clean and inspect your chimney and vents every year.
- Store cooled ashes in a tightly covered metal container, and keep it outside at least 10 feet from your home and any nearby buildings.

For more information on how to prevent winter fires, visit www.usfa.fema.gov/winter and www.nfpa.org/winter.

ELECT

Matthew

SPEARS

Lorain County Commissioner

For the Residents of Lorain County!



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- ✓ **BELIEVES IN SMALLER GOVERNMENT.**
- ✓ **BELIEVES RESIDENTS SHOULD HAVE A STRONG VOICE IN COUNTY GOVERNMENT.**
- ✓ **SUPPORTER OF UNION LABOR!**

EARLY VOTING STARTS ON FEBRUARY 21ST!

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CITY OF NORTH Ridgeville SENIOR CENTER

Spaghetti Dinner

January 26th
5:00-7:00 p.m.

Adults \$8
Seniors \$7
Children \$5 (under 10)

Dine in or take out. Tickets available in advance at The Senior Center, or at the door. Call 440-353-0828 for additional information.

This event is generously sponsored by
The Rotary Club of North Ridgeville



Proceeds benefit Senior Center programs

Mailbox Inspection

With winter weather approaching, the City wants to ensure the safety of all community members and motorists by keeping the roadways clear of ice and snow. Because of the close proximity of mailboxes to the streets, damage to mailboxes and posts is often times unavoidable. Snow and ice are very heavy and will tend to loosen posts that are in the ground. We are asking your cooperation to inspect your mailbox annually in an effort to prevent damage.

- Make sure your mailbox post is tightly secured into the ground and there are no signs of rotted wood or rusted parts.
- Repair any loose parts and tighten the hinges on the door of your mailbox.
- Keep the path to your mailbox clear.

If your mailbox is knocked over by heavy snow being pushed against it, please contact the Service Department at (440) 353-0814 at which time they will investigate to determine if the mailbox/post was physically hit by the city plow. The City does not replace mailboxes unless there is evidence of an actual strike by a city plow making contact with it. Rotted posts will not be replaced by the City as this is the homeowner's responsibility.



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SENIOR CENTER EVENTS

Men's Breakfast Schedule

It's a wonderful morning of friendship at our Men's Breakfast. If you are 55 or older, join us at 9 AM for a hot entrée, coffee, fruit, and juice are all included for \$4. It's a fun-filled morning of good food, fellowship and a wonderful speaker or entertainment. To make reservations, please call (440) 353-0828 by 10 AM Wednesday morning. Below is the upcoming schedule:

February 1, 9:00 a.m. - Jennifer Winkler from LPLS North Ridgeville Branch will come and unveil what is new with library renovations and other special announcements about the library.

Ladies Brunch Schedule

Ladies meet at 10:30 AM for friendly conversation and a program on Thursdays once a month. The Brunch is a hot entrée, fruit cup, juice and coffee for only \$4. Please make reservations by 10 AM Wednesday morning by calling (440) 353-0828.

January 18, 10:30 a.m. - Singer and Entertainer Debra Rose will present a colorful program designed to chase away the winter blues.

February 15, 10:30 a.m. - Jennifer Winkler from LPLS North Ridgeville Branch will come and unveil what is new with library renovations and other special announcements about the library.

Winter Luau

Get out of the cold and warm up with our winter luau on Tuesday, January 30 at 11:30 AM. Let's chase those winter blues away with a cheerful, colorful celebration, including a Hawaiian-themed menu and a steel drum musical performance. Cost \$6 for lunch and entertainment— best deal in town! Register by January 26.

Music Bingo

Come play along on Tuesday, January 30 at 2:00 PM with Stacey as she calls bingo with the top hits from the 1950s.

Winter is Half Over!

February 2 is the exact middle of winter, Groundhog Day and Candelmas Day, so if you're looking for a reason to get out of the house and

celebrate with an ice cream sundae, today is the day. Join us on February 2 from 1:30 until 2 PM. We will have all the toppings! Register by February 1. Cost is \$3.

Health Talk: The Immune and Lymphatic Systems

Ted Smith will provide an in-depth overview of these two important systems, what they are and what you can do to improve their functioning on February 6 at 11:30 AM. Register by February 5.

Mardi Gras Party

Come for a N'Orleans N'Ridgeville style party on Tuesday, February 13 from 11:30 AM until 1:00 PM. We will enjoy some Fat Tuesday traditions, jambalaya (not spicy), King Cake and more! Cost is \$6. Please register by February 9.

Super Thursday, Lunch & Program

Join us for Super Thursday on February 29 at 11 a.m. Celebrate Leap Day with us and a delicious meal of beef tenderloin cutlets with mushroom gravy, mashed potatoes, veggies, rolls & dessert. Program TBD. Cost \$6. Register by February 27.

Upcoming Outings and Trips

Cleveland's AsiaTown, Thursday, February 8, 10:00 a.m. - 3:00 p.m. \$5 - AsiaTown is a unique and vibrant Cleveland neighborhood, offering cultural events and artistic destinations, business and dining districts; and a close, connected residential community. We will stop at Asia Plaza and the Park to Shop grocery for a unique shopping experience before dining at Li Wah, a favorite among Clevelanders. After lunch, we'll stop at Koko Bakery, where you can purchase tarts, cakes, other worldly desserts, try bubble tea or take home one of their famous sweet or savory steam buns. Cost is \$5 for transportation, bring money for lunch and other purchases. Reservations will be taken starting January 10 at 1:00 p.m. 13 spots available.

Cleveland Museum of Art, Thursday, February 22, 10:00 a.m. - 3:00 p.m. \$5 - Spend the day

getting lost in the galleries of the Art Museum, have lunch at the Café and visit the gift shop. You can also download their interactive app for additional experiences. Reservations will be taken January 31 at 1:00 p.m. 13 spots available.

Senior Fitness with Kathy Hungerman

Senior Fitness is a new class, with an emphasis on strength, flexibility, posture and falls prevention. Kathy has over 20 years experience teaching fitness classes, most recently at UH's Avon Health Center. You will need to bring light weights (2 or 3 pounds) to class.

The classes are held on Thursdays from 9:00 a.m. until 9:50 a.m. Cost is \$36 for six weeks.

Winter Session II February 15 – March 28 (no class March 21)

CardioDance Winter Sessions

CardioDance offers a great workout to the hits of today and yesterday and is adaptable to a variety of fitness levels. Winter Session I is January 2 through February 6 and Winter Session II is February 13 through March 19. Each 6-week session is \$36 per person. Payments can be made in cash or check made payable to NR Office for Older Adults and is due by the first class session. Please call (440) 353-0828 for more information.

Hobby Hour

Join us for Hobby Hour on January 23 and February 16 from 1:00 p.m. until 3:00 p.m. for Hobby Hour! Do you knit, crochet, whittle, paint, quilt, Sudoku, word search or any hobby that you can bring to the Senior Center? Join us to chat & _____ (you fill in the blank). Coffee, tea and light snacks provided. You might pick up a new hobby or find others like you.

Soups-On Mondays!

Stop in each Monday at 12:00 PM for a light lunch of one of Clancy's homemade soups and bread for \$2. Please RSVP by calling (440) 353-0828 by the previous Friday.

Taco and Trivia Tuesday!

Taco & Trivia Tuesday is held every first and third Tuesday of the month. Come with a team or form one at the event. Lunch will be served at noon and trivia will start at 12:30 p.m. The cost for lunch is \$4. We will make it mild so if you want it spicy, bring your own hot sauce! Please RSVP by Monday at noon if you will be having lunch with us. If you are just joining us for trivia, reservations are not required. Please call the front desk at (440) 353-0828.

Chair Yoga with Kip Cronk

Chair Yoga is perfect for all ages and abilities - no experience necessary. In chair yoga we do not get down on the floor, but practice poses sitting in the chair or standing and using it as support. The benefits of yoga include relaxation, calming, range of motion, stretching, muscle building and balance. In yoga we allow our own body to be our guide. You are always welcome to modify a pose, come out of a pose or take a break as needed.

10:00-11:00 AM, \$36 for 6 weeks

Winter Session II : (two separate class sections) - Tuesdays, February 27 - April 9 (no class March 26th). The March 19 class will be held at the Shady Drive complex. Fridays, March 1 - April 12 (no class March 29).

Tai Chi for Balance and Arthritis

Thursdays, 10:00 – 11:30 a.m., \$48 for 6 weeks. This program is designed to reduce your likelihood of falling, stop the fear of falling cycle, and improve your activity levels and health in a short period of time. It has also been shown to improve arthritis-related symptoms such as pain and stiffness, and is recognized and recommended by the Arthritis Foundation. This program combines techniques from Chinese Qigong and Tia Chi movements that focus on strengthening muscles of the ankles, knees, hips and legs.

Winter Session II: February 15-March 28 (no class March 21)



RE-ELECT

HUNG
LORAIN COUNTY COMMISSIONER



No More Tax Increases

Michelle Hung kept her pledge to live within the means of the general fund budget, without imposing a sales tax increase. The General fund budget is healthy, with carryovers exceeding \$20 million dollars for the past three years, ensuring departments and offices serve the residents.



Protecting the Most Vulnerable Among us

Thanks to Michelle Hung's work, resources have been made available to treat those experiencing a mental health or substance use disorder crisis. Michelle has been a tireless advocate for the Lorain County Crisis Receiving Center and the vision to build a better system to access quality services.



Improving Local Infrastructure

Michelle Hung's leadership brought investment of \$7.5 million dollars of grant funding to Lorain County Cities, Townships and Villages for much needed stormwater and sewer projects.

VOTEHUNG.COM

Early Voting Begins February 21st

Paid For By Keep Hung 2024

CITY OF NORTH Ridgeville
PARKS & RECREATION

A Night in Candy Land
Daddy Daughter Dance

Come out and enjoy an evening all dressed up with your special little girl. Have fun dancing and playing games with our DJ. Light refreshments will be served and there will be plenty of dancing and a photographer to capture the evening full of memories. Register early there is limited space.

February 3rd, 2024
7:00-9:00PM
No Admittance until 6:30PM

Fee: \$35 Resident / \$45 Non-Resident
Event per couple, each additional child is \$10

NR Academic Center Cafetorium
34620 Bainbridge Rd., North Ridgeville, OH 44039

Mayor: Kevin Corcoran **P&R Director: Kevin M. Fougereousse**



#FeelGoodFriday

Students in 7 Purple participated in a multi-course "book tasting" today, complete with appetizers, ambiance and classical music. They rotated through stations containing various books and genres, diligently creating a list of book titles they want to read.



PRESCHOOL REGISTRATION
NOW OPEN

440-353-1100
NRCS.net

CURRENTLY OPEN

The Early Childhood Learning Community is still taking applications for typical peer preschool for the 2024-2025 school year. Visit NRCS.net to learn more and apply!



January Students of the Month

Last Friday, the North Ridgeville Rotary recognized two seniors from NRHS as the January Students of the Month. Congratulations to Logan Margolin and Rose Saxon-Housum!

Able Not Label

A couple of third grade teachers, partnering with Able Not Label, had an idea to brighten up Mondays. "When you can't find the sunshine, be the sunshine." Today feels like the perfect day for sharing our sunshine outside the buildings' four walls. Like our shirts? Get yours here: <https://bit.ly/3G90psC>



School Board Swearing In

Congratulations to Mr. Frank Vacha and Mrs. Kelly McCarthy, as they were sworn in to serve on the school board for 2024. Mr. Vacha was sworn in as School Board President, and Mrs. McCarthy as School Board Vice President. Congratulations, and thank you for your service to our schools and community!



2024 Important Dates

Friday, January 12 - No School, Records Day
Monday, January 15 - No School, MLK Day
Friday, February 16 - No School, Professional Development Day
Monday, February 19 - No School, Presidents' Day
Friday, March 15 - No School, Professional Development Day
Monday March 25 - Monday, April 1 - Spring Break
Monday, April 8 - Solar Eclipse, No School, Calamity Day
Friday, May 17 - Last Day of School for Seniors
Wednesday, May 22 - Commencement
Thursday, May 23 - Last Day of School

NRCS Night with the CLE Cavs

Do not miss out on NRCS Night with the Cleveland Cavaliers. It will be the last home Friday night game of the season and we secured a prime-time performance by the NRHS A Capella choir. You can purchase tickets to the game here: <https://bit.ly/47waM7n> or by scanning the QR code on the flyer. If your child would like the chance to be a part of the spirit tunnel or be an "anthem buddy", you must also submit this form: <https://forms.gle/Z7wRvksqa2nNZDo69> Tickets must be purchased in order to be eligible to participate in these fan experiences.

Please contact Nikki Roth if you have any questions: nicoleroth@nrcs.net



Grace Kingery Sets New School Record!

Grace Kingery set a new school record for the most points in a game for women's basketball Friday night. She scored 45 points against Elyria setting a new school record for the most points in a game.

March into Kindergarten

If you have a child that will be entering Kindergarten for the 2024-2025 school year, please considering attending the March Into Kindergarten event. It will take place on Monday, February 26 from 5 PM - 6:30 PM. Principal, Mrs. Andrea Vance will have a presentation to begin the event. The remainder of the time can be spent touring the building, meeting staff, and taking part in activities.

March into Kindergarten
Monday, February 26
5 - 6:30 PM
ECLC
5490 Mills Creek Lane

NORTH RIDGEVILLE CONVENIENT SUNOCO

Lil' Chet's Chicken • Deli and Bakery • Meats • Specials & More



A Family Friendly Corner Store with All of Your Daily Shopping Needs

Family owned by the Zimmerly family since 2003.

**In pursuit of the next winning lottery ticket or looking for something to soothe those cravings?
We have anything to suit your convenient needs.**



COME CHECK OUT OUR FRESH MEAT SELECTION INCLUDING GERBER CHICKEN AND FRESH CUT STEAKS. OUR CHOICE MEAT SELECTION IS ALL CUT IN HOUSE BY OUR OWN BUTCHERS.

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