

NORTH RIDGEVILLE

THE COMMUNITY THAT CARES...

Review

MAY, 2024
VOLUME 5 ISSUE 8

New Police Station Grand Opening

On April 27, the city held a grand opening and ribbon cutting for the new North Ridgeville Police Station. With 250+ community members in attendance, the event included tours of the new station, food trucks, games and face painting for families, along with demonstrations by the department's K9 and other specialty units. The new



Members of the North Ridge Police Department join Chief Freeman and Mayor Corcoran to cut the ribbon at the grand opening of the new station.

station hosts a jail, dispatch room, offices, meeting rooms, an armory and training spaces dedicated for the force. The modern facility brings cutting edge technology and is dedicated to serving the city's police force for decades ahead.

During the ribbon cutting ceremony, Mayor Kevin Corcoran and Police Chief Mike Freeman gave comments on the necessity of the new station and then the city received

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Congratulations Amazing Shake Winners



On Friday, April 19, an awards assembly was held at North Ridgeville Academic Center to crown this year's winners of the 2024 Amazing Shake. Each of the winners completed four rounds of competition, culminating in a 5-7 minute presentation on a local, northeast Ohio non-profit organization and an interview with a member of NRCS Central Office administration. The student with the highest score from each group was selected as the winner. The non-profit on which they chose to present will be receiving a donation of \$500 from a local sponsor.

Congratulations to: **Tess Fortuna**, Ranger High-Tech Academy, Sponsor-Third Generation Construction, Non-profit recipient- Ronald McDonald House Foundation; **Anthony Carrere**, Purple Studio at NRAC, Sponsor- Dr. Ron & Trish Arndt, Non-profit recipient- Prayers from Maria; **Colin Cleary**, Yellow Studio at NRAC, Sponsor- Armbruster Energy Stores, Non-profit recipient- The Gathering Place; **Cole Minich**, Blue Studio at NRAC, Sponsor- First Federal Lakewood, Non-profit recipient- The LCADA Way.

This program is not possible without support from community members, businesses and sponsors. If you would like to get involved with the 2025 Amazing Shake, please contact Nikki Roth: nicoleroth@nrsc.net

Discover the Ridge 2024

The North Ridgeville Visitors Bureau will be hosting the annual Discover the Ridge on Saturday, May 18, 2024. This is a family-friendly open house event throughout the city. Free admission.

Start out at the Discover the Ridge kick-off celebration at the North Ridgeville Branch Library, 35700 Bainbridge Road, with the opening ceremony at 10 a.m. with the VFW Color Guard followed by fun-filled day of carnival games, tour the newly renovated library, experience the Spring Mist Farm's petting zoo (11 a.m.-1 p.m.), Twister Girl Balloon Company balloon artistry (2-4 p.m.). Visit all 26 participating businesses/locations highlighted below.

If you have any questions, please contact the North Ridgeville Visitors Bureau at (440) 327-3737.

1. Kick-Off North Ridgeville Library, 35700 Bainbridge Road, 10 a.m.:

Carnival Time: A Discover the Ridge Event Saturday, May 18, from 10 a.m. to 4 p.m. Come one and come all to a fun-filled day of carnival games for the whole family and tour the newly renovated North Ridgeville Branch. Enjoy Spring Mist Farm's petting zoo anytime between 11 a.m. and 1 p.m. to see, touch, and learn about various farm animals for a live barnyard experience. From 2 p.m. to 4 p.m., Twister Girl Balloon Company will wow crowds with whimsical balloon artistry. Let's welcome our North Ridgeville VFW Color Guard with our opening ceremony.

2. South Central Park, 7565 Avon Belden Road:

Visit North Ridgeville's 30-acre park and 4-acre fishing lake. Kids can explore playground and children's Safetyville. There are tennis and volleyball courts, horseshoe pits, picnic pavilions, pickleball along with fitness and walking trails.

3. O'Neill Healthcare, 38600 Center Ridge Road:

Join us in celebrating over 60 years of provid-



ing quality senior care while you create a beautiful arrangement of spring flowers at O'Neill Healthcare North Ridgeville! Enjoy a selection of charcuterie-to-go cups along with refreshing lemonade or ice tea while you design your spring bouquet. Tour our Assisted Living community to be entered to win a festive raffle basket. Information on skilled nursing, rehabilitative therapies, long-term care, respite care, dialysis and hospice services also will be available.

5. Sandy Ridge Reservation, 6195 Otten Road:

310 acre wetland and wildlife preserve. One of the most popular parks in Northeast Ohio. This Lorain County Metro Park has open and wooded land, ponds, and walking trails as well as butterfly and hummingbird gardens.

5. Redwood Living Apartments, 7019 Con-

donor Drive: Redwood Apartment Neighborhood is where you'll find the single-story rental apartment you have been looking for! At Redwood, you can live in a two-bedroom, two-bathroom, pet-friendly home with an attached garage and enjoy being surrounded by charming greenery, beautiful water features and

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UPCOMING CITY EVENTS

Safetyville Registration Open

Safetyville is sponsored by the North Ridgeville Police Department and provides a fun, educational setting where children are exposed to various safety topics with regard to traffic, school bus, strangers, 911, fire safety and more. The program utilizes a miniature village, so the children are taught these safety skills in an enjoyable and realistic environment. Safetyville is for students entering Kindergarten in the fall, but is not a prerequisite for kindergarten. Online Registration is open at the Parks and Recreation website at: <https://northridgeville.recdesk.com/>.

Lorain County Beautiful Day

Lorain County Beautiful Day is Saturday, May 18 from 9 a.m. until noon. This is a great opportunity to play an active role in improving our community and parks. Residents are encouraged to clean up, fix up, paint and spruce up our community. Interested organizations and individuals should contact Parks & Recreation Director Kevin Fougousse at (440) 490-2051 or via email at kfougousse@nrridgeville.org.

Memorial Day Parade & Service

The Memorial Day Parade will begin Monday, May 27 at 9:45 a.m. at the North Ridgeville High School on Bainbridge Road and conclude at the new Veterans Memorial (across from the Senior Center) with the Memorial Service in association with the North Ridgeville Lions Club, VFW Post 9871 and the Veterans Memorial Committee. See the flyer at www.nrridgeville.org/Downloads/Memorial_Day_Parade_2024.pdf for more details.

Heart & Sole Community Scavenger Hunt

North Ridgeville Heart & Sole health collaborative invites North Ridgeville residents to participate in a community scavenger hunt. The month-long scavenger hunt begins June 1 and ends on June 30. There is no cost to participate, and gift card prizes will be awarded. All ages and abilities are encouraged to join with a team of up to 5 players. Visit www.nrheartandsole.com/scavengerhunt for more information.

Citywide Garage Sale Days

North Ridgeville Chamber of Commerce/Visitors Bureau will be sponsoring their annual citywide Garage Sale Days on June 5-8. The cost to participate is \$5. Drive-thru registration will be held at North Ridgeville Community Care (behind Arby's) on Thursday, May 30 and Friday, May 31 from 9:00 a.m. until 3:00 p.m. For more information, contact the Chamber of Commerce/Visitors Bureau at (440) 327-3737.

Summer Concert Series

Meet us at the South Central Park Gazebo to enjoy the music from 4 music groups during June and July! This is free to the general public

and is appropriate for all age groups. You are invited to bring a lawn chair (or blanket) to enjoy the music from our performers. We can't wait to see you there and of course make sure to bring your dancing shoes!

Sunday June 9 – Disco Inferno, 6-9 pm
 Sunday June 30 – Benny and the Big Shot, 6-8 pm
 Sunday July 14 – Spazmatics, 6-9 pm
 Sunday July 28 – Funkology, 6-8 pm

Feel free to contact our Parks and Recreation Director Kevin Fougousse with any questions (440) 490-2051.

Touch-A-Truck 2024

Get up close and personal with all kinds of big trucks! This unique event encourages children (and adults) to touch vehicles, ask questions, and even climb inside to take in the view from the driver's seat.

North Ridgeville Parks & Recreation will have a sensory friendly version of the popular event. The first 2 hours of this event will be sensory friendly. Climb in and check out your favorite trucks & emergency vehicles without the lights, sirens, and horns. Organized for children that are sensitive and people with Autism Spectrum Disorder in mind. This way, everyone can enjoy the cool diggers, dumpers, and emergency vehicles without upsetting lights and noises. This is from 10am-NOON.

Contact Tyler Newkirk for more information (440) 490-2054.

Heart & Sole Indoor Walking

North Ridgeville Heart & Sole collaborative is expanding the indoor walking program to four days a week this fall and winter. Residents are invited to keep active and walk indoors at the LCCC University Partnership Ridge Campus (UPRC) and at Liberty Elementary School. Enter the building's main doors and sign in at the indoor walking table.

LCCC University Partnership Ridge Campus, 32121 Lorain Road - Mondays and Wednesdays, 5-7 p.m. (October 2 through March 27)

Liberty Elementary School, 5700 Jaycox Road - Tuesdays and Thursdays, 6-8 p.m. (Oct. 3 through May 23). No walking Oct. 26 or Nov. 2

No cost to participate. All ages and abilities are welcome to attend. If the school or building is closed due to holiday closure or weather, indoor walking is cancelled. For more information, visit nrheartandsole.com.

Borrow Blood Pressure Kits at Libraries Across Lorain County

People in Lorain County have easier access to blood pressure monitors thanks to a collaboration between Lorain County Public Health (LCPH) and local libraries. This collaboration brought blood pressure kits to local libraries so that patrons can borrow a blood pressure kit just like they borrow books or other materials.

The blood pressure kits include easy-to-use cuffs and monitors. This portable kit lets residents check their blood pressure in the comfort of their home. The kits are especially helpful for people: who want a blood pressure cuff but cannot afford one, who have borderline high blood pressure, and who are pregnant.

"By having blood pressure kits at local libraries, we hope to empower people to take proactive steps to manage their health," said Mark Adams, MPH, REHS, health commissioner at LCPH. "Even if someone has a family history of high blood pressure, tracking their blood pressure now can help them take steps to keep it from getting too high."

Residents can visit their local library to ask about the blood pressure kits and borrow them for free. Monitoring your blood pressure helps you figure out your blood pressure status so you can take steps to stay healthy. Participating libraries include:

- Elyria system: Central, Keystone-La-Grange, South, West River
- Lorain system: Avon, Columbia Station, Domonkas, Main, North Ridgeville, and South Lorain
- Independent: Amherst, Avon Lake, Graf-ton-Midview, Herrick Memorial (Wellington)

For more information about the blood pressure kit program and other blood pressure screening sites near you, please visit LorainCountyHealth.com/bloodpressure. For more information on how LCPH serves and supports a healthy community, contact them at 440-322-6367 or visit LorainCountyHealth.com. Get local health updates on X, Instagram, Facebook, or YouTube.

The North Ridgeville Review welcomes letters to the Editor as well as news items. Please send all information by e-mail or typed. You must include your name, address, phone number and signature for verification. All items should be sent to:
North Ridgeville Review c/o The Villager Newspaper
 27016 Knickerbocker Rd., Suite #1, Bay Village, OH 44140

The Publisher is privileged to revise or reject any advertisement which is deemed objectionable, either in subject matter or phraseology, or opposed to public policy or the policy of the paper. The Publisher shall not be held responsible for typographical errors except to adjust the charge for the first insertion only, by a space credit (in excess of contract) to be used the following issue. Errors must be reported immediately and space credit will be limited to such portion of advertisement as may have been rendered valueless by the error. Please check your advertisement and in the event of error notify the paper. The Publisher will, upon request, furnish Advertiser with a letter so worded as to relieve the Advertiser from responsibility for the error. The Publisher does not assume responsibility for an error in an advertisement other than the above stated.

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Call for deadline of publication. Opinions reflected in the newspaper are not necessarily those of the management.
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Georgia, On My Mind

Monthly thoughts from Councilwoman at Large Georgia Awig
When's Your Next Vacation?

My husband and I just returned from a 12 day vacation recently after visiting grandchildren in Troy, OH and Leesburg, VA and friends and relatives in Tampa, FL. We are very thankful that we have the time and finances to spend time away from home during the year.

Vacation is defined as "a period spent away from home or business in travel or recreation." I believe everyone should take at least one vacation annually.

Vacations have been shown to increase one's physical and mental well-being and improve one's productivity and focus. By spending time with family and friends, I was able to relax and enjoy the time away.

Sometimes I hear people say they are taking a "staycation" meaning usually they are taking a vacation from work but staying home. I really don't think that is the same thing. Sometimes, depending on the job, I have worked harder at home than I have at work. I think you have to leave your home and go elsewhere to truly get away and relax. You just have to overcome whatever excuses you have, such as children, money, etc. that keep you from leaving your home environment. All you have to do is find a way or make a way and I know you can do that.

Just think of all the other challenges you have overcome in your life and what a vacation will do for your mental and physical health.

Don and I are already planning our next vacations and setting aside time and money to make those a reality. Where and when will you be taking your first or next vacation?



Helping You Plan
 A Personal Remembrance.



Front: Mary Beth and David Bogner
 Back: Nick Bogner, Joe Erni & Ken Lutke

36625 Center Ridge Road,
 North Ridgeville, Ohio 44039

(440) 327-2955

To learn about funeral pre-planning
 Please call or visit
www.BognerFamilyFuneralHome.com

Community Garden Now Accepting Registrations

Spring is in the air and it's that time of year to start thinking about the 2024 gardening season. The North Ridgeville Community Garden is open to all North Ridgeville residents. Applications for plots will be accepted until Friday, May 10. If you had a plot last year, you will be able to have that same plot this year and then the additional open plots will be assigned on a first come basis. The garden is located along Chestnut Ridge Road across from alternate State Route 83 at the roundabout.

This is the 14th season for the project, a partnership with the City of North Ridgeville. The two-acre garden has 95 plots, each measuring 20 feet by 15 feet. The plot fee is \$20. North Ridgeville Community Care also has an area measuring 75 feet by 125 feet at the west end of the garden. The field will be plowed up by a local farmer in the Spring and then the plots are marked and laid out by volunteers. The plots are usually ready for planting by Memorial Day as long as Mother Nature cooperates.

Free water is supplied to the plots via a system of hoses connected to a main water source. A large tiller and a variety of garden tools are available to maintain the plots. Each gardener plants and cares for their own plot. Extra produce is donated to the North Ridgeville Community Care and can be put in a labeled bin near the west end parking area.

The application and guidelines can be found below. Completed application with a check payable to North Ridgeville Community Garden should be dropped off at: Mayor's Office, City of North Ridgeville, 7307 Avon Belden Road, North Ridgeville, OH 44039

For additional information contact Bob Marquis, Manager, North Ridgeville Community Garden at 440 864-2939.



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- OB/GYN / Midwifery
- Ophthalmology
- Orthopedics / Sports Medicine
- Otolaryngology
- Pain Management
- Plastic Surgery
- Podiatry
- Pulmonology
- Urology
- Vascular Medicine
- Wound Center



University Hospitals

UH St. John Medical Center,
A Catholic Hospital
29000 Center Ridge Road, Westlake



Schedule an Appointment Online or by Phone

To schedule an appointment scan the QR code, visit UHhospitals.org/StJohn or call **440-641-0846**.

¹ Accredited Chest Pain Center, Platinum Performance Achievement Award 2020

² Primary Stroke Center. Get With The Guidelines® – Stroke GOLD PLUS with Honor Roll Elite and Target: Type 2 Diabetes Honor Roll

Garden Club Plant and Bake Sale

The Garden Club of North Ridgeville will have the yearly Plant and Bake Sale on May 18, 2024 from 9:00 to 1:00 at our NEW LOCATION at SOUTH CENTRAL PARK PAVILION #1, 7565 Avon Belden Road, North Ridgeville. We will have house plants, yummy baked goods and perennial plants dug from our own gardens very reasonably priced. For further information about the sale or garden club, please call 440-365-8522.

Discover the Ridge 2024

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all that North Ridgeville has to offer just a stone's throw away! But more than that, you can feel at home in a neighborhood atmosphere where life is peaceful, quiet and friendly. Won't you join us?

6. SportsVille, 37500 Center Ridge Road: SportsVille offers everything from indoor golf, covered and heated TopTracer driving range bays and outdoor mini-golf to expert golf lessons and a top-notch venue for parties and events. Whether you are looking to perfect your swing, challenge your friends, or host an unforgettable celebration, our state-of-the-art facility has got you covered.

7. Northridge Healthcare, 35990 Westminister Avenue: We are a 97-bed, skilled nursing facility that can provide you or your loved one services for a short term stay or meet your long term needs when planning for your future. THINK NORTHRIDGE!

8. Bistro 83, 36033 Westminister Avenue 11 a.m. to 4 p.m.: Open at 11 a.m., located at the corner of Route 83 and Mills Road next to the roundabout. Bistro 83 was recently awarded The Wine Spectator Award of Excellence for their wine list.

9. Charmed Boutique, 34960 Center Ridge Road: Charmed Boutique sells women's clothing, accessories, and apparel. We thrive on styling your inner confidence. We opened in September, 2021 and love being part of the North Ridgeville community.

10. EQ Technologies, 34920 Center Ridge Road: Help us celebrate a decade in business! Stop by Lorain County's ONLY local retail shop for premium speakers, HDTVs, and electronics for HiFi, home theater, network, WiFi, surveillance, smart home, and more. Sales and installation for residential and commercial.

Espresso and baked munchies at the ready!

11. Between The Bun, 34445 Center Ridge Road: Between The Bun is a burger restaurant that also offers other food options, milk shakes and cocktails. We are a family-owned business who live in North Ridgeville. Stop in during Discover the Ridge and receive a free side with the purchase of a burger.

12. KLM Home Décor, 6287 Lear Nagle Road: Discover the perfect blend of style and uniqueness. You will be able to elevate your home or yard with our collection of décor, thoughtful gifts, and vibrant handmade items. You can experience the joy of personalized items tailored for any occasion. Indulge in a delightful shopping journey, and while you explore, treat your little ones to a creative adventure with our \$10 kids' craft activity. Make every visit memorable at KLM Home Décor!

13. Bulk-N-Bushel Landscaping Materials, 33146 Center Ridge Road: Family-owned and operated for over 40 years; Bulk-n-Bushel has a variety of landscaping materials. If you are looking for bulk material or just a bushel, Bulk-n-Bushel has what you need! Our staff can assist you in selecting the right material for the job. We offer pick up and delivery. Bring your Discover the Ridge bro-

chure and receive one bag of double shredded hardwood mulch.

14. Blue Barn Shops, 33094/33060 Center Ridge Road: Find painted furniture as well as rustic and new items. Add to your interior décor or find that perfect gift. Talented designers have fun and innovative displays for your shopping pleasure.

15. Grateful Dog Bakery, 33101 Center Ridge Road: Please join us as we celebrate 3 years in our current location! We will have sales and special prices as well treats for pups and people.

16. North Ridgeville Dairy Queen, 32936 Center Ridge Road: We have been proud to have been making memories for over 40 years. Stop in with Discover the Ridge brochure and receive a free cone until 3 p.m.

17. Culver's, 32574 Lorain Road: Culver's genuinely cares, so every guest who chooses Culver's leaves happy. We serve fresh, never frozen Butter Burgers and custard made fresh daily. Our menu features something for everyone from soups, to salads and our fish is ranked #1, it is wild caught cod, available as a sandwich or dinner. Come in and see why Culver's quality and service

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Lunch & Learn at O'Neill Healthcare North Ridgeville

O'Neill Healthcare North Ridgeville hosted a Lunch & Learn on April 22 focused on Stress Management.

"Thank you to our speakers from Aligned Health Center and our own, Sarah Trefz," said Amy Reinker of O'Neill Healthcare. "We would also like to thank everyone who made this event such a success. What a great afternoon filled with helpful information and fun."

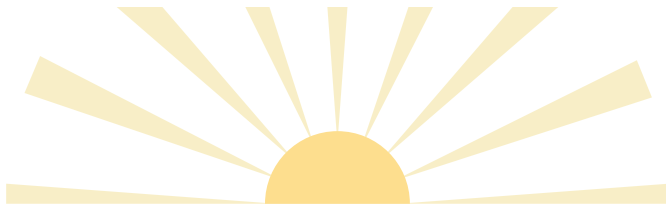
Aligned Health Center is located in Westlake and specialized in Massage Therapy, Chiropractic Biophysics and Regenerative Medicine. They are located at 26933 Westwood Road, Westlake. Tired of joint pain? Give them a call at (440) 385-7357.



The O'Neill Healthcare team. Look for more Lunch and Learns coming up.



Richard Prine, Dr. Bigrigg and Maria Jeancola of Aligned Health Center.



SMART TIPS FOR A COOL SUMMER! SUMMER SAFETY: LUNCH & LEARN

JOIN US MAY 24TH AT 12:00PM - 1:30PM

O'Neill Healthcare Fairview Park is partnering with the Fairview General Hospital trauma team to discuss the importance of summer safety. Don't miss this educational session with lunch provided by O'Neill Healthcare!

Registration at 11:45AM
Event at 12:00PM
Tours to follow!

Please RSVP to Heather
at (440) 941-3380 by
May 20th

O'Neill Healthcare
20770 Lorain Road
Fairview Park, OH 44126



O'Neill Healthcare

(440) 808-5500 | O'NeillHC.com

2024 LCCC Graduate Trinity Blum

Trinity Blum has dreamed of working as a mechanical engineer at NASA Glenn Research Center since her freshman year of high school.

"I love NASA's mission of not only going into space but benefiting all of humanity," Blum said. "They do lots of projects that are for Earth, whether it's weather science or just helping people learn."

Blum, of North Ridgeville, made her dream a reality by her junior year of high school. At 16 years old Blum was accepted into an eight-week internship program, alongside another high schooler. The two contributed to an inventory management program, sorting through experiment hardware and entering it into a database.

"I have looked back on these last few years, and really appreciated how much I have accomplished," she said. "It's a lot. I've done a lot for myself and I'm really proud of that."

Among those accomplishments is graduating from three educational institutions this May: North Ridgeville High School with honors, the Lorain County Joint Vocational School, and Lorain County Community College. At LCCC, Blum will earn both an associate of arts and an associate of applied science.

"After I realized NASA was my career goal, and learning how prestigious it is, I decided I had to juice up my resume a little, so I decided to take some College Credit Plus courses," Blum said.

What started as some College Credit Plus quickly became a full college course load. In fact, by her sophomore year, Blum began taking solely JVS and LCCC classes.

"I just continued taking College Credit Plus classes because I liked the challenge," she said. "And I knew it was going to help me reach my goals."

While Blum thrived in the more challenging LCCC setting, it took perseverance and a willingness to adapt, especially when her coursework shifted online during COVID.

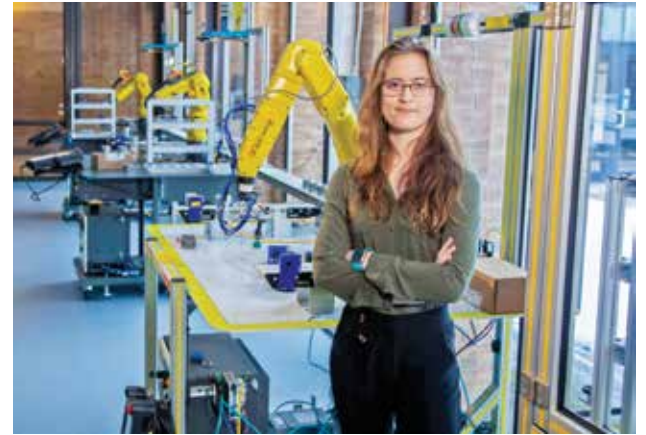
"It was pretty difficult to start, but once I got used to being responsible and really keeping track of my schedule, I got better at it," she said. "And I really appreciate the wonderful tutoring center here at LCCC."

Beyond the college and JVS course load, Blum has participated in several engineering competitions, including Project Lead the Way through the JVS and LCCC's College Tech Prep program. Many of her research topics focus on neurodiverse conditions, like ADHD, which Blum herself has. When she first began at LCCC, Blum used an accommodation plan provided by the college's accessibility services. While she's since gotten better at managing her ADHD and stayed focused, Blum enjoys combining her personal experiences with her mechanical engineering skillset to hopefully help others.

"I think that it is important that someone who understands you is the one who is helping you," she said. "I hope to make lives easier and hopefully better for those of us who may be at a bit of a disadvantage. But at the same time, I want other people to learn about neurodivergence and hopefully get rid of some of the negative perceptions of neurodivergent people."

In fall, Blum will transfer to Cleveland State University where she plans to earn her Bachelor of Science in Mechanical Engineering. After talking with a CSU advisor, Blum learned she already has her first full year complete.

"Because of my JVS and CCP experiences I am one year closer to becoming an engineer and will have to pay for one less year of college," Blum said. "And I will be trans-



ferring to CSU with all the habits and skills that I need to continue to succeed."

And she's that much closer to getting back to her dream workplace at NASA Glenn.

"My love of challenges, problem solving, and building has led me to choose the path of engineering and NASA's mission to benefit humanity, explore space, and make continuous discoveries is something I have always admired," she said. "And I was able to meet people who worked there, make connections with engineers and other interns, and show what kind of person I am."

Discover the Ridge 2024

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sets us apart. We are also locally owned!

18. Danbury Senior Living, 33770 Bagley Road: Danbury Senior Living sits on the beautifully landscaped corner of Bagley and Lorain Roads in North Ridgeville. We have the honor of serving some amazing seniors in our Independent, Assisted and Memory Care communities. Danbury offers a robust life enrichment program including outings to various Cleveland attractions, games, entertainment, and educational opportunities. Our residents enjoy restaurant style dining, large

open floor plan apartments and nursing care on site 24 hours a day. Stop in any time for a tour!

19. Redwood Living Apartments, 8300 Ira Drive: Redwood Apartment Neighborhood is where you'll find the single-story rental apartment you've been looking for! At Redwood, you can live in a two-bedroom, two-bathroom, pet-friendly home with an attached garage and enjoy being surrounded by charming greenery, beautiful water features and all that North Ridgeville has to offer just a stone's throw away! But more than that,

you can feel at home in a neighborhood atmosphere where life is peaceful, quiet, and friendly. Won't you join us?

20. Worcester's, 34200 Lorain Road: Join us for "Riding Mower Test Drive Day" with Cub Cadet, Exmark, Stihl, and Gravely. Enjoy hot dogs and refreshments and donate to our favorite pet charity (food will be served from 10 a.m. to 2 p.m.). Free hat to first 25 test drivers. Worcester's is a family-owned business established in 1926 specializing in outdoor power equipment, utility trailers, pet

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LAUNCH YOUR CAREER

I turned to LCCC



Thousands turn to Lorain County Community College to launch their careers in Healthcare, Cybersecurity, Public Safety, Manufacturing, Engineering and more. Our grads make Lorain County stronger.

Register now for summer and fall!

www.lorainccc.edu



New Police Station Grand Opening

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a proclamation from State Senator Nathan Manning celebrating its opening. After-

wards the station was opened for public tours with officers who showcased various features of the new facility.

It was only through the support of the



Command Center



Grand-Opening fun!

community that the station could be realized and will continue to further North Ridgeville's reputation as one of the safest communities in Northeast Ohio.

For more photos visit www.NorthRidgevilleReview.com

A New Approach for Myopia in Children

Myopia is a prevalent eye condition where objects in the distance appear blurry while close objects remain clear. This is due to the eye's shape causing light to focus images in front of the retina instead of directly on its surface. Glasses and contact lenses are required to see far away. High levels of myopia can be associated with an increased risk of serious eye health issues later in life, such as retinal detachment.

At Nuwave Vision, Dr. Lin implements Myopia Management strategies that can improve vision while at the same time curb the progression of myopia in kids. It is a proactive approach, aiming to reduce the degree of nearsightedness in children before it reaches higher, riskier levels. For consultation about your child's myopia and treatment options, please call (440) 881-0002 for an appointment with Dr. Lin.



Discover the Ridge 2024

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feed and animal supplies.

21. Heat Exchange, 34205 Lorain Road: Since 1980, Heat Exchange Hearth & Patio Shoppe has serviced the community with fireplaces, wood burning stoves, patio furniture, grills and more. We have the largest display of grills and smokers in the state of Ohio along with a huge selection of rubs, sauces, smoking woods, and accessories. Come on in; we'll be cooking something good and have some special deals available.

22. Fields United Methodist Church: The

Second Annual Junk-In-Your-Trunk and Plant Sale will happen rain or shine in our church parking lot Saturday, May 18. Expect over 20 sellers offering eclectic home décor, misc. antiques, toys, books, collectibles, small furniture, etc. Miscellaneous plants will be for sale as well: annuals, house plants, perennials. Plant sale proceeds go to our mission trip fund. Food and homemade bakery will be for sale by the church. Admission is free. Bring a bag to fill with some treasures!

23. Root Road Park, 8849 Root Road: This 12-acre complex offers multiple soccer fields. See teams in action during your tour.

24. The Original Don Mould's Garden Center, 34837 Lorain Road: We are celebrating Spring! We have all your trees, shrubs, perennials, and veggies. We offer organic products, birding and gifts for your home and yard, bulk and bagged soils, mulches, and gravel. Lunch provided by Awesome Gyros. Check out our Facebook page for weekend specials.

25. Angelina's Pizza, 34887 Lorain Road: We will be offering our Legendary Breakfast Pizzas in the morning. Sample our catering menu in the afternoon.

26. Holy Love Ministries, 37137 Butternut Ridge Road: Visit our Welcome Center and Gift Shop to register for an additional drawing. People of all faiths from around the world visit this beautiful and peaceful 100 plus acre property where grace abounds. Until you visit, please find us online at holylove.org.

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Voices for Change's Parent Presentation: Is It Typical Teenage Behavior?

The pressures of adolescence can feel overwhelming, Voices for Change, a passionate youth-led prevention group, stepped in to address a pressing issue: youth mental health. This is the second year providing this presentation titled "Is It Typical Teenage Behavior?" to offer invaluable insights into the complexities of adolescent mental well-being to parents and caregivers of North Ridgeville City Schools.

With a mission firmly rooted in addressing mental health and substance use issues through awareness and education, North Ridgeville's Voices for Change embarked on a journey to empower parents with the knowledge they need to support their teens effectively. The objectives of their presentation were ambitious but necessary: exploring the developing teenage brain, shedding light on common mental health disorders like depression and anxiety, and providing guidance on recognizing signs and symptoms of mental health challenges.

One of the most impactful aspects of the presentation was the raw honesty with which Voices for Change members shared their own lived experiences. By bravely opening up about their struggles, they effectively conveyed the importance of breaking the stigma surrounding mental health and seeking help when needed.



Henry Waltjen, Hailey Czech, Mia Vasilakis, Kylie Klein, Kaylee Workman (not pictured: Alyvia Hernandez and Ariana Goldsmith)

North Ridgeville High School Senior Kylie Klein expressed the significance of educating parents on youth mental health, saying, "This is important to me because it's something I wish my parents could have known when I was younger. It's hard to navigate through life alone, and teaching parents how to help their teens is just another way I can put some sunshine into this world."

Voices for Change also invited School Psychology Intern, Libby White to share valuable insights into the cur-



Prom Queen & King '24



Congratulations to Prom Queen and King, Alena & Nick and the rest of the Prom court.

rent Social-Emotional Learning (SEL) programming within North Ridgeville City Schools, by placing a special emphasis on the impactful contributions of the Kevin Love Fund -- a nonprofit organization established by NBA player Kevin Love, focusing on mental health awareness and advocacy. Inspired by his own experiences with mental health challenges, including anxiety and depression, Love founded the fund to promote mental well-being, particularly among young people. By shining a spotlight on the Kevin Love Fund's efforts, Libby is helping to ensure that students and their families have access to essential resources and support systems that foster emotional intelligence and resilience.

But Voices for Change didn't stop there. North Ridgeville High School Senior Kaylee Workman led a hands-on lesson for youth about stress and coping mechanisms. Each participant defined stress, discussed their stressors, and learned practical strategies for managing stress. As a tangible take-away, each youth created their own calm-down kit to take home—a small yet powerful tool in their arsenal for self-care.

As we reflect on the impact of Voices for Change's presentation, one thing becomes abundantly clear: their dedication to influencing community-level change knows no bounds. Beyond their work on youth mental health, Voices for Change has been actively involved in various other projects, including creating a healthy relationship campaign and ensuring students have access to essential mental health and substance abuse hotlines.

Henry Waltjen, an 8th-grade student at Ranger High Tech Academy, heartwarmingly stated, "Voices for Change provided me a space to be myself and feel included." His words serve as a testament to the power of creating supportive environments where every voice is heard and valued.

Voices for Change North Ridgeville is guided by Adult Ally Shannon Perry, a Prevention Specialist at The LCADA Way. There are additional chapters in Avon Lake, Lorain, Oberlin, and Elyria School Districts, with each chapter offering tailored approaches to mental health and substance abuse education and awareness that reflect the unique needs and characteristics of their respective communities.

You can follow Voices for Change on Instagram at voices4change_lo-raincounty.

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Mark 2 Roofing has extensive experience in identifying storm related damages and coordinating with insurance companies to relay that information.

"We help protect our clients and offer competitive pricing for full roof replacements," reports Kent. "As certified contractors with GAF, we use the top-of-the-line roofing system for every project," adds Jaime. "We take pride in our work and services, ensure all roofs are brought up to building codes, and love seeing the beautiful transformations!"

Dealing with the stress of storm damage on your property can be overwhelming. "We want to minimize the stress for our clients and maximize the value of their home," says Kent. "We come to our community as a strong team with proficiency in efficient diagnosis, quality installation, and expertise in restoration," says Kent.

As professionals in the industry, quality building and customer satisfaction are

top priorities for Mark 2 Roofing. "We value our community, and we value our work".

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Satisfied customers are the goal for Mark 2 Roofing in each and every job. Here is a look at what some have to say!

"I highly recommend Mark 2 Roofing. Kent and Jaime were a pleasure to work with!! They handled everything, working with my insurance and HOA, and providing help with colors. The whole process was very professional and painless!!!! Great job on the cleanup and the roof looks great. Job well done, thank you."

- Debbie N.

"Thank you SOO much to Kent and his amazing team at Mark 2! We felt so cared for each step of the way while replacing our roof and siding. They helped with making the right selections of colors, dealing with our insurance, and working with our HOA! I highly recommend this company to anyone. In fact, several neighbors are now using them too! The BEST people and so kind and professional."

- Ashley O.

"We have used Mark 2 for millions of dollars' worth of projects everything from a single-

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Why 'Mark 2' Roofing?

"Mark 2 Roofing comes from a story in the bible, book of Mark 2: 1-12," says Kent. "It is a story in the bible that represents strength in community and friendships, the power and authority of Jesus Christ, as well as retelling the earliest account of roof damage found within recorded history -- just a joke we tell when asked about the name of our company, and we always say - "Someone had to come fix the roof!"

Jesus Forgives and Heals a Paralyzed Man

¹ A few days later, when Jesus again entered Capernaum, the people heard that he had come home. ² They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. ³ Some men came, bringing to him a paralyzed man, carried by four of them. ⁴ Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. ⁵ When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven." ⁶ Now some teachers of the law were sitting there, thinking to themselves, ⁷ "Why does this fellow talk like that? He's blaspheming! Who can forgive sins but God alone?" ⁸ Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, "Why are you thinking these things? ⁹ Which is easier: to say to this paralyzed man, 'Your sins are forgiven,' or to say, 'Get up, take your mat and walk?' ¹⁰ But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the man, ¹¹ "I tell you, get up, take your mat and go home." ¹² He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, "We have never seen anything like this!"



Kent and Jaime Krivich



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